

## Food Provisions & Eating Out on St Mary's 2021

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### Food provisions

**It is worth planning ahead for your visit in terms of food, especially if you are self catering or in a larger group. There are plenty of options! It is also worth noting that a lot of Scilly businesses use Facebook pages with up to date information and there is an Isles of Scilly Noticeboard page where you can find out about a lot of things.**

**Coop** have in-store shopping procedures in place so they can serve as many customers as possible, while minimising queues (open 8am-10pm Mon-Sat, 10am-8pm Sun):

- Avoid shopping during the first hour of opening so key workers and vulnerable people can shop
- maximum on 10 customers in store (this is not an exact science), only one adult at a time rather than couples or groups
- please be respectful of those waiting outside and shop as efficiently as possible
- Delivery is available Monday-Saturday, provided you have completed your shop before 2pm
- They are also now offering a **Click & Collect** service. You can order up to 30 items, pay & pick a collection window (two hour slots), then you are sent an email when it is ready and you go the back of the store (up the alley past the Steamship Co office then turn left), tell them you are collecting an order and a store colleague will bring it out to you.

**The Store** is a new facility in 2020 with have a good selection of products, you can also buy online and they will deliver.

- <https://thestoreiosltd.selz.com/>
- 01720 423308 or info.thestoreios@gmail.com if you need to contact them

**Scilly Food Box Co** <https://www.scillyfoodboxes.co.uk> offer an excellent service however they get very booked up (you have to order at least 7 days in advance), but if you're due to visit after then it would be worth a look.

**Salakee Farm** offer a wonderful selection of local food and they take orders online from 3pm Thursday-3pm Sunday, for delivery on Tuesday afternoon <https://www.salakeefarm.co.uk/online-store>

**Scilly Farmers and Growers Market** 10am – 1pm, The Park. Baked goods and savouries, chutney, fruit, veg, meat, plants, succulents, fudge, eggs (stalls change weekly).

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**In Hugh Town there are a couple of smaller well-stocked food shops:**

- **Benney's Butchers** is just along the side street past Mumford's paper shop. As well as a butchers they stock all sorts of fresh, tinned and dairy produce (and wine!). They are plastic-free and bake delicious bread every day.
- **Hugh Street Cafe** have a great range of produce including lunch offerings, deli counter, refill zone & retail stock. <https://www.hughstreetcafe.co.uk>

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## Eating out & Takeaways

**The Hall (St Mary's Hall Hotel)**, probably our favourite - excellent food, just around the corner from Mincarlo & highly recommended! Garden Drinks 2-5pm, afternoon tea 2-5pm, dinner 6-9pm. Booking essential - use the online diary to book <https://www.thehall.restaurant>

**On The Quay** restaurant <https://www.onthequay.com> or 01720 423525

**On The Quay** cafe, takeaway only (sausage rolls, coffees etc)

**Dibble & Grub**, open for table service and takeaway during the day and for evening bookings - find their menus on facebook, at [dibbleandgrub.co.uk](http://dibbleandgrub.co.uk) or in the windows of the restaurant / phone 01720 423719 - highly recommended but very booked up in advance

**Longstone Lodge**, 10am-4.30pm. Full café menu [www.longstonecafe.co.uk/menu](http://www.longstonecafe.co.uk/menu) .... They also do wonderful lobster supper deliveries on a Friday night! If you fancy fresh shellfish whilst on Scilly, why not order their Friday Lobster Salad - accompanied by a link to watch Colin's informative talk all about lobster fishing on the islands [www.longstonecafe.co.uk/lobsternight](http://www.longstonecafe.co.uk/lobsternight) or 01720 422410

**Juliet's Garden Restaurant**, daytime into evening <http://julietsgardenrestaurant.co.uk/> 01720 422228

**Old Town Cafe**, cafe open with outside seating only <https://www.oldtowncafescilly.co.uk> 01720 423095

**Bondy's Cafe** Old Town open 12 - 8pm - Monday, Tuesday & Saturday <https://www.facebook.com/BondysCafe>

**Hugh Street Cafe**, open for eat in, takeaway and shop Monday-Saturday 8.30am-5.30pm, plus Cheese & Wine Evenings Friday, Saturday & Sunday - some seating both inside outside <https://www.hughstreetcafe.co.uk>

**Atlantic Inn**, open every day 11am-11pm, food 12pm-2.30pm and 6pm-9pm - booking recommended call 01720 422417

**The Mermaid**, pub open Mon -Sat 11am to Midnight. Lunch 12pm-3pm, evening menu 6pm-9pm - booking recommended 01720 422701 <https://www.mermaidscilly.co.uk>

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**The Kavorna Cafe**, Cafe open Mon-Sat all day. Bistro open Monday to Friday, bookings between 5.30pm-7.30pm - weekly Fish Specials and Dessert Specials. Kids menu available at £5.75p with a free drink. To book call 01720 422660 (a deposit is required) or pop in.

**The Galley Takeaway** 5pm-8pm (lunchtimes 12pm-2pm during August). Just turn up to order. Saturday Evening Specials to be pre-ordered 01720 422602 <https://www.facebook.com/thegalleyios>

**Carn Vean**, 6 days/week 10am-5pm (closed Fridays), open from 10am-5pm (lunches served 11-3). Outside seating only so will be closed if raining or very windy! 01720 423458

**Tanglewood Kitchen Company** offer delicious home delivery options - recommended! <https://www.tanglewoodkitchen.co.uk/curbside-feast>

**The Bakery Shop** (by Holgate's Green on the Strand) - ice creams and daily lunch specials plus a range of hot and cold drinks. Message them on Facebook to pre order Fish and Chips Mon-Sat 12-2pm and 5-7:30pm <https://www.facebook.com/thebakeryshopkitchen> 07387 613759. Also open Sunday 9-2pm serving pasties, drinks and ice cream.

**The Beach** Tuesday, Wednesday & Thursday from 12:00-23:00 - lunch 12:00-14:00 & dinner 18:00-21:00 (advance booking recommended). Takeaways are delicious & very easy to order online - choose a time slot and collect from the kitchen [doorhttps://scillybeach.com](https://scillybeach.com)

**Scilly Fish** Traditional fish & chips with lots of options - no need to preorder. 07876340032 <https://scillyfish.weebly.com/menu.html> (closed Wednesday & Sunday).

**The Galley Takeaway** 01720 422602 Great selection of options! <https://www.facebook.com/thegalleyios>

**Old Town Inn** 01720 422301 - Sunday roasts year-round <https://www.facebook.com/Old-Town-Inn-105201251076079>

**IOS Golf Club & Bistro** Open from 1030 for coffee, lunches each day except Thursday and advise booking for our Sunday roast lunches. Available for evening meals on Tuesday, Wednesday and Friday - call to book your table 01720 422692. Incredible views and well worth a visit - this is a bit of a hidden gem.

**Pom's Thai Takeaway**, 5pm-9pm every evening behind the Town Hall/Porthcressa. Can pre-order from 10am-7pm 07554063868

☀️ We haven't included information about eating on other islands but there are plenty of options. Please ask us during your stay if you need ideas.